

Coach Training Level Competencies

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Level One—The Making Of A Coach

- A.** Understanding & knowledge of relevant research, resources and issues in coaching.
- B.** Demonstrating, modeling and facilitating communication skills coaches are expected to acquire.
- C.** Managing and structuring personal growth, task and goal achievement of a coach relationship.
- D.** Experience with and successful demonstration of the Closure Procedure using the affective, cognitive and behavioral domains.

Level Two—Quality Coaching

- A.** Understanding & knowledge of the skills and techniques of quality coaching.
- B.** Demonstrating questioning techniques coaches are expected to acquire.
- C.** Managing and structuring group processes, including personal growth, task and goal achievement of group participants.
- D.** Experience and feedback with quality coach relationships.

Coach Training Levels—Competencies cont...

Level Three—Measuring Success

- A.** Understanding & knowledge of successful coach programs.
- B.** Design and implementation of a coach program.
- C.** Managing and structuring group processes, including problem solving in program development.
- D.** Experience and feedback with successful coach program development and implementation.

Level Four—Facilitation Skills

- A.** Understanding & knowledge of relevant research, resources and issues in facilitative leadership.
- B.** Demonstrating and modeling group facilitation skills expected for effective and affective leadership training.
- C.** Managing and structuring group processes, including personal growth aspects in leadership and motivational aspects of task and goal achievement of group participants.
- D.** Knowledge of and experience in successful coach leadership training and program development and implementation.

Coach Training Levels—Competencies

Five Day Training—Includes Levels 1 - 3

1. The Making of a Coach
2. Quality Coaching
3. Measuring Success

Two Day Training—Each of the four levels by themselves constitute two days of training for certification.

One Day Training—An Introduction to Coach Leadership Training. A certification of completion is provided at the completion of each workshop.

Half Day Training—A Refresher Course in Coach Leadership Training is provided for those who have completed one or more of the four levels of certification training.

Each of the above four levels needs to be experienced in workshop activities to demonstrate knowledge and the practical skills of mentor, coach and leadership development. Some of the levels have articulated tasks that must be completed outside of the training workshop in the at-home environment. The candidates for accreditation then need to articulate their projects with a panel of reviewers from Peer Mentor.net to gain full accreditation. This can be done on-line, through chat groups, blogging, conference calls, on paper or in person.

For more detailed information and upcoming workshops, contact us directly at **Peer Mentor.net**.

