



Peer Mentor.net
INC.

One Hour Mentor Meeting

Wayne Townsend, BA. BPE. BEd.

CTDP. Certified Training & Development Professional from C.S.T.D.

ACTP. American Coach Training Professional from I.C.F.

EQ-i and EQ-360 Emotional Intelligence Credentials from M.H.S.

Counselling Specialist. Ontario Guidance Association.

1. Develop A Relationship

Mentor—Send a welcoming message

Partner—Send a message of appreciation

2. Set Agenda

Mentor helps partner establish an agenda

- I'd like to know about your goals for this session.
- What is the most important thing that we can work on today?

Partner / Mentor adds to agenda

3. Engage In Learning Conversation

Partner: Share objectives and current realities

Challenges, Methods and Action Plans

Mentor questions:

- What is it about your learning goals that makes it important to you?
- How do you plan to achieve your goals?
- What if anything interferes with your plans?
- Given what we've discussed so far what plans do you have to put your plans into action?

4. Close Session

Mentor—Summarize what you have heard.

Partner—Express appreciation.



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