

Coach Training Levels—Competencies

Level One—The Making Of A Coach

- A.** Understanding & knowledge of relevant research, resources and issues in coaching.
- B.** Demonstrating, modeling and facilitating communication skills coaches are expected to acquire.
- C.** Managing and structuring personal growth, task and goal achievement of a coach relationship.
- D.** Experience with and successful demonstration of the Closure Procedure using the affective, cognitive and behavioral domains.

Level Two—Quality Coaching

- A.** Understanding & knowledge of the skills and techniques of quality coaching.
- B.** Demonstrating questioning techniques coaches are expected to acquire.
- C.** Managing and structuring group processes, including personal growth, task and goal achievement of group participants.
- D.** Experience and feedback with quality coach relationships.

Level Three—Measuring Success

- A.** Understanding & knowledge of successful coach programs.
- B.** Design and implementation of a coach program.
- C.** Managing and structuring group processes, including problem solving in program development.
- D.** Experience and feedback with successful coach program development and implementation.

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Level Four—Facilitation Skills

- A.** Understanding & knowledge of relevant research, resources and issues in facilitative leadership.
- B.** Demonstrating and modeling group facilitation skills expected for effective and affective leadership training.
- C.** Managing and structuring group processes, including personal growth aspects in leadership and motivational aspects of task and goal achievement of group participants.
- D.** Knowledge of and experience in successful coach leadership training and program development and implementation.

Five Day Training—Includes Levels 1 - 3

1. The Making of a Coach
2. Quality Coaching
3. Measuring Success

Two Day Training—Each of the four levels by themselves constitute two days of training for certification.

One Day Training—An Introduction to Coach Leadership Training. A certification of completion is provided at the completion of each workshop.

Half Day Training—A Refresher Course in Coach Leadership Training is provided for those who have completed one or more of the four levels of certification training.