

# PEERMENTOR.net

*“empowering individuals”*

“When children are born they don’t come with a set of instructions. As parents, we have a responsibility to do the best we can with the time we have. Time on task is critical and the more we understand about human behaviour, the stronger we become as parents.” W. Townsend

## When Eagles Soar

Did you know that an eagle knows when a storm is approaching long before it breaks? The eagle will fly to some high spot and wait for the winds to come.

When the storm hits, it sets its wings so that the wind will pick it up and lift it above the storm. While the storm rages below, the eagle is soaring above it.

The eagle does not escape the storm. It simply uses the storm to lift it higher. It rises on the winds that bring the storm.

When the storms of life come upon us—and all of us will experience them—we can rise above them by setting our minds and our beliefs in a positive force. The storms do not have to overcome us. We can allow a positive power to lift us above them.

Belief enables us to ride the winds of the storm that bring sickness, tragedy, failure and disappointment in our lives. We can soar above the storm. Remember, it is not the burdens of life that weigh us down, it is how we handle them.

Self-esteem building is the primary window to learning and personal growth.



**Presentations designed to support parents, teachers, schools and student learning.**

## Feature Topics For Parents, Teachers and Schools:

Rhythms of Life—Assemblies	Study Skills & Learning
The Parent Connection	The Homework Cycle
Building Self-Esteem	Personality Styles
Learning Styles—What’s My Style	Communication Skills
Activate Your Memory Power	Futuring—Career Planning
N.T.I.P.—New Teacher Induction Program	



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# Presentations

designed to support School Councils,  
teachers, parents and their school community.

**Rhythms of Life**—is a high energy percussion presentation for assemblies. Students are immediately caught with drums and rhythms and are invited to participate. This assembly for schools is based on international percussion and develops the metaphor of how we are like instruments with sounds to explore and develop.

**The Parent Connection**—examines parenting strategies for building self-esteem, positive behaviour, approaches to self-discipline, and how to work together with teachers and schools toward consistent approaches.

**Learning Styles: What's My Style** — The belief that each of us learns differently is well researched. Everyone can learn, not in the same way and in the same time. Learn about the impact your style has on your learning, teaching, business and home. Understanding your style is both empowering and motivational.

**Communication Skills**—Learn how to develop better effective and affective communication skills. 70% of our waking hours is spent on communicating; yet, little training is given to listening and speaking skills. Practice communication techniques to improve relationships in the family, at school and work.

**Activate Your Memory Power**—There is no such thing as a poor memory. There are only trained and untrained memories. Learn how to improve your memory skills, remember names and develop strategies for better memory. This is a practical, real-life training approach that incorporates the significant research on memory and learning.

**Futuring: Career Planning**—Look into the future. Identify and learn about the essential skills needed to be successful in your immediate future. This skillset has changed. Integrate these skills into your personal career plan and develop lifelong learning habits toward positive outcomes.

**NTIP: New Teacher Induction Program**—More experienced teachers can support new teachers with specific training in mentor skills. Help keep our new teachers. Become a mentor.

**Partners**—Wayne Townsend

I dreamed that I stood in a studio  
And watched two sculptors there,  
The clay they used was a young child's mind  
And they fashioned it with care.

One was a teacher; the tools she used  
Were music, books and art.  
One a parent who worked with a guiding hand  
And a gentle loving heart.

Day after day the teacher toiled  
With touch that was deft and sure,  
While the parent laboured by her side  
And polished and smoothed it o'er.

And when at last their task was done,  
They were proud of what they had wrought;  
For the things they had molded into the child  
Could neither be sold or bought.

And each agreed he would have failed  
If he had worked alone,  
For behind the parent stood the school  
And behind the teacher, the home.



**About the presenter...**

**Wayne Townsend, BA, BPE, BEd, C.T.D.P.,** is an accredited trainer and communicator with extensive teaching, training and consulting expertise. He is a dynamic speaker and futurist concerned about the skills needed within a "learning for life" attitude. He has run many parenting programs and communication workshops and has written extensively on learning and memory strategies. He is presently offering these workshops for parents and teachers. He is also training teachers as mentors for the NTIP (New Teacher Induction Program.)

**Building Self Esteem**—Self-esteem is the primary window to learning and personal growth. The children of today are the world of tomorrow. You can influence their future by helping to develop young minds for dynamics and openness to growth. Self-discipline and the power of inner strength are the keys for building a positive self-image. Learn and practice these effective parenting skills.

**Study Skills & Learning**—Students need to learn "how to learn." Students will be exposed to strategies and techniques in learning how to prepare for exams and tests. This workshop focuses on Metacognition, Learning Styles, Goal Setting, Getting A Good Start, Work Habits, Methods of Study, Memory Strategies, Hints on Test Writing and Individual Problem Solving.

**Personality Styles: Understanding Your Self & Others** — Delve into the many practical applications from team building to mentor training. True Colors will be used as a fun approach to discover your personality style. Learn about interactive skills with others through an understanding of your self. You will be better able to respond to the differences in others and move toward more peaceful solutions.

**The Homework Cycle**—Education is seen as a life long process that extends beyond schools. There is homework in most jobs and occupations. Develop and learn strategies to support kids at home with homework so they can transfer these skills into lifelong habits and attitudes.



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